



Dear Parent,

The teaching methodology for Pre-Primary section is activity based. Hereby, we provide you with a list of activities that can be conducted at home under the guidance / supervision of parents. These activities can be carried out with the readily available materials at home. The ultimate aim of teaching is also achieved by carrying out these activities, and it will be shared twice a week.

Kindly requesting parents to share photographs of your ward doing these activities.

Materials Required:

Empty water bottles (big or small), plates / spoons, containers half filled with seeds / pulses.

- This musical game can be played with the entire family.
- All the members can choose one object as their musical instrument.
- One person can start playing a single beat on the water bottle.
- Another member can play double beats on the plates.
- In this manner, everyone will play a rhythm with their own unique instrument.
- Finally, everyone can sing a song together according to the rhythm created.

Learning Outcome: This fun family activity helps children to understand the different rhythms and enhances creativity.

MUSIC OF HARMONY



FINISH MY LINE



Materials Required:

Any available source of audio like tape recorder, mobile phone etc., popular rhymes.

- Take a tape recorder/mobile phone or any other electronic device available at home.
- Record all the popular nursery rhymes that your child is familiar with.
- To begin this activity, play the rhyme and pause it before the song is completed.
- Then, ask the child to complete the rhyme and sing with appropriate actions.

Learning Outcome: This activity will help to enhance the child's listening skills, memory and self-expressions.

STACK AWAY

Materials Required:

Take any plain paper and cut into 7 strips, pencil / pen and masking tape/rubber band.

- Help your child to write out the days of the week on each of the paper strips, i.e. SUNDAY, MONDAY, ...
- Next, ask your child to pick out his/her choice of clothes for each day and keep them aside on a table.
- They can also choose a colour for each day. Example - red for Sunday, blue for Monday and so on.
- Assist your child to stick the paper strips on which the days are written on each set of clothes using a masking tape. You can also use a rubber band or a ribbon for this.
- Finally, instruct your child to keep the sets of clothes back in the cupboard.

Learning Outcome: This activity is great for teaching life skills like planning and managing of personal belongings.



SNIPPET SNACK



Materials Required:

Cut out circle shapes from bread slices, cheese / yoghurt / mayonnaise, vegetables of your choice like cucumber / tomato / carrot and a plate.

- Parents can help the child to prepare this tasty sandwich in less than 15 minutes.
- Step 1: Place the bread circles on a plate and spread the cheese/yoghurt /mayonnaise.
- Step 2: Next, place the sliced cucumber or any other vegetable of your choice on the bread.
- Step 3: Cover it with another slice of bread and prick with a toothpick.
- The sandwich is ready!

Learning Outcome: This activity helps to improve family bonding & self-esteem in children.